## I AM LIVING MY DREAMS.

I live my dreams every day. I wake up each morning with a great sense of enthusiasm and expectation. I know that each day brings me closer to realizing my full potential. I am filled with hope and positive energy.

I refrain from allowing doubt to enter my mind. *I* focus my thoughts on creating the future I desire. I am a creative force in the universe, and the universe provides me with everything I want and need. The world is on my side; I can feel it.

When I lose focus, I remember my goals and quickly get back on track. I review my goals daily because my goals are my path to my dreams. My goals excite me and fill me with a sense of power and joy.

My life is wonderful and gets better each day. To be on the Earth is a gift, and I enjoy it immensely. I take time every day to remind myself just how awesome my life is. I am more than average. I am a conqueror of all challenges. I know that living my dreams requires dedication and effort.

*I enjoy the challenges that life provides because they are the stepping-stones to achieving my dreams.* As I overcome each challenge, I grow, and I am pleased that I am capable of more every day.

Today, I renew my commitment to living my dreams. I am grateful for what I have and the blessings to come. I am unstoppable. I am living my dreams more and more each day.

## **SELF-REFLECTION QUESTIONS:**

- 1. What goals have I recently achieved?
- 2. What am I grateful for?
- 3. What aspects of my dreams can I start living today?