

# I AM THE ARCHITECT OF MY LIFE.

I am ultimately responsible for the life I experience. I can change nearly any aspect of my life, so I create the life I desire.

I am free of the belief that circumstances control my life. Circumstances simply provide a starting point. The direction of my journey is the same. ***Some circumstances might make changes more difficult, but I am up for the challenge.***

I choose goals and activities that move my life in a positive direction. I have a vision for my life that supports my dreams and the people closest to me. I put plans into place and review those plans each week.

I see the opportunities around me and leverage those opportunities to the best of my abilities. When I do this, my life gets better. The more my life is enhanced, the more control I feel I have over it.

*I am very confident in my ability to design my life and to make that vision come to fruition.* I realize that it takes a little bit of effort each day to achieve any substantial results. I am happy to put forth that effort. The best things in my life usually require the most work.

*My life is my masterpiece.* I take full responsibility for my past, current, and future circumstances.

Today, I renew my commitment to designing my life. I am working harder and more efficiently at making my life exactly the way I want it to be.

## **SELF-REFLECTION QUESTIONS:**

1. What can I do immediately that would enhance my life the most?
2. Do I have goals in place so I can stay on track?
3. What resources am I underutilizing?