



SPEAKER, CORPORATE TRAINER, AUTHOR

LIMITING BELIEF #3:

Past Failure Means Future Failure

Worksheet

Why do we assume that failure in the past means failure in the future?

Does failure in the past *really* mean that you'll fail in the future?

How do your past experiences (and even failures) actually help you be more successful in the future?

What lessons can you learn from your past failures that will help you succeed in the future?